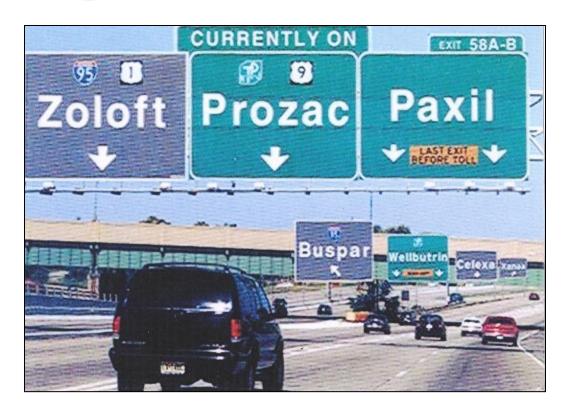
## Driving Under the Influence of Drugs — The Other DUI





Romell Cooks
National Highway Traffic Safety Administration



## **DUI – Drugs Nationally**





2. Depressants (Xanax, Valium, Benzos)

3. Narcotics (Oxycodone, Hydrocodone)

4. Stimulants (Methamphetamine)

#### Drugged Driving – News Makers

Nick Nolte Arrested on Suspicion of Drugged Driving in L.A.



Heather Locklear Arrested on Suspicion of Drugged Driving near L.A.



## DUID – Rx Drugs

April 2008

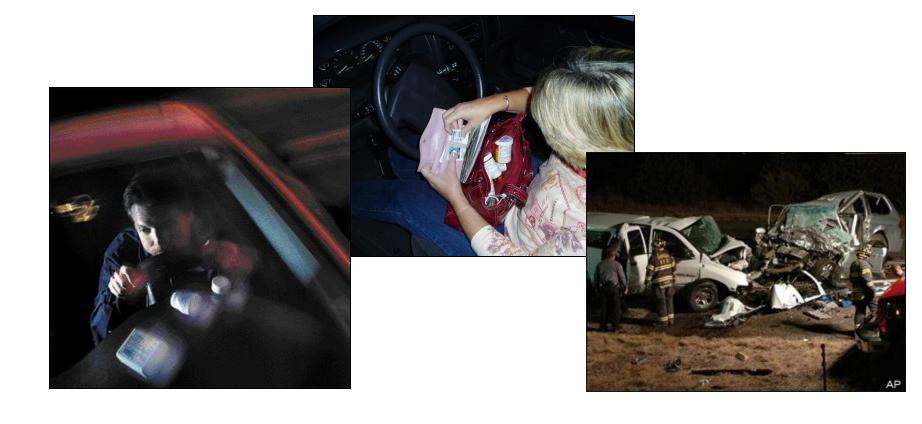




## Wisconsin Driver Kills Three After 3<sup>rd</sup> DUI Court Sentencing

Three days after being sentenced for his 3<sup>rd</sup> DUI, Benson consumed Rx pills and then crashed into a vehicle killing a 39 year-old mother, who was 6 months pregnant and her 10 year old daughter. Benson admitted taking four Xanax and four Ambien prior to the crash. Was en route to the pharmacy for more prescription meds when the crash occurred.

## **Drugged Driving Involving Legal Drugs - On the Rise**



#### Data- FARS



DRIVERS INVOLVED IN FATAL MOTOR VEHICLE TRAFFIC CRASHES IN NHTSA REGION 7 STATES
BY STATE, YEAR, THEIR DRUG INVOLVEMENT, AND THEIR BAC
FATALITY ANALYSIS REPORTING SYSTEM (FARS) 2006-2009 FINAL & 2010 ARF

Region 7

| Year/Drug Involvement |                    | BAC=.00 |         | BAC=.0107 |         | BAC=.08+ |         | BAC=,10+ |         | Total Drivers<br>Involved |         |
|-----------------------|--------------------|---------|---------|-----------|---------|----------|---------|----------|---------|---------------------------|---------|
|                       |                    | Number  | Percent | Number    | Percent | Number   | Percent | Number   | Percent | Number                    | Percent |
| 2008                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 2,303   | 76%     | 120       | 496     | 618      | 20%     | 738      | 24%     | 3,041                     | 100%    |
|                       | Drugs Involved**   | 213     | 65%     | 29        | 9%      | 87       | 26%     | 117      | 35%     | 330                       | 100%    |
|                       | Total              | 2,517   | 75%     | 149       | 4%      | 706      | 21%     | 855      | 25%     | 3,371                     | 100%    |
| 2009                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved∗ | 2,139   | 75%     | 109       | 4%      | 591      | 21%     | 701      | 25%     | 2,839                     | 100%    |
|                       | Drugs Involved**   | 252     | 62%     | 41        | 10%     | 115      | 28%     | 156      | 38%     | 408                       | 100%    |
|                       | Total              | 2,391   | 74%     | 150       | 5%      | 706      | 22%     | 856      | 26%     | 3,247                     | 100%    |
| 2010                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 2,174   | 75%     | 111       | 4%      | 595      | 21%     | 707      | 25%     | 2,881                     | 100%    |
|                       | Drugs Involved**   | 254     | 69%     | 23        | 6%      | 90       | 24%     | 113      | 31%     | 367                       | 100%    |
|                       | Total              | 2,429   | 75%     | 134       | 4%      | 685      | 21%     | 819      | 25%     | 3,248                     | 100%    |
| 2006-2010             |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 11,895  | 75%     | 648       | 496     | 3,212    | 20%     | 3,860    | 25%     | 15,755                    | 100%    |
|                       | Drugs Involved**   | 1,121   | 65%     | 151       | 9%      | 462      | 27%     | 613      | 35%     | 1,734                     | 100%    |
|                       | Total              | 13,016  | 74%     | 799       | 5%      | 3,674    | 21%     | 4,473    | 26%     | 17,489                    | 100%    |

#### Data – FARS - Nebraska



DRIVERS INVOLVED IN FATAL MOTOR VEHICLE TRAFFIC CRASHES IN NHTSA REGION 7 STATES
BY STATE, YEAR, THEIR DRUG INVOLVEMENT, AND THEIR BAC
FATALITY ANALYSIS REPORTING SYSTEM (FARS) 2006-2009 FINAL & 2010 ARF

Nebraska

| Year/Drug Involvement |                    | BAC=.00 |         | BAC=.0107 |         | BAC=.08+ |         | BAC=.01+ |         | Total Drivers<br>Involved |         |
|-----------------------|--------------------|---------|---------|-----------|---------|----------|---------|----------|---------|---------------------------|---------|
|                       |                    | Number  | Percent | Number    | Percent | Number   | Percent | Number   | Percent | Number                    | Percent |
| 2008                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 211     | 77%     | 15        | 5%      | 49       | 18%     | 63       | 23%     | 274                       | 100%    |
|                       | Drugs Involved**   | 4       | 50%     | 2         | 25%     | 2        | 25%     | 4        | 50%     | 8                         | 100%    |
|                       | Total              | 215     | 76%     | 17        | 6%      | 51       | 18%     | 67       | 24%     | 282                       | 100%    |
| 2009                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 236     | 76%     | 16        | 5%      | 57       | 18%     | 73       | 24%     | 309                       | 100%    |
|                       | Drugs Involved**   | 7       | 39%     | 4         | 22%     | 7        | 39%     | 11       | 61%     | 18                        | 100%    |
|                       | Total              | 243     | 74%     | 20        | 6%      | 64       | 20%     | 84       | 26%     | 327                       | 100%    |
| 2010                  |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 194     | 79%     | 9         | 4%      | 41       | 17%     | 50       | 21%     | 244                       | 100%    |
|                       | Drugs Involved**   | 3       | 52%     | 0         | 0%      | 2        | 48%     | 2        | 48%     | 5                         | 100%    |
|                       | Total              | 197     | 79%     | 9         | 3%      | 44       | 18%     | 53       | 21%     | 249                       | 100%    |
| 2006-2010             |                    |         |         |           |         |          |         |          |         |                           |         |
|                       | No Drugs Involved* | 1,141   | 76%     | 76        | 5%      | 276      | 18%     | 351      | 24%     | 1,492                     | 100%    |
|                       | Drugs Involved**   | 28      | 53%     | 6         | 12%     | 18       | 35%     | 24       | 47%     | 52                        | 100%    |
|                       | Total              | 1,168   | 76%     | 82        | 5%      | 294      | 19%     | 376      | 24%     | 1,544                     | 100%    |

#### **The Drugged Driving Problem**

#### **Traffic Safety Facts**

NHTSA

Research Note

DOT HS 811 175

July 2009

#### Results of the 2007 National Roadside Survey of Alcohol and Drug Use by Drivers

Richard Compton and Amy Berning

Over the last four decades, the National Highway Traffic Safety Administration (NHTISA) and/or the Insurance Institute for Highway Safety have conducted four national surveys to estimate the prevalence of drinking and driving in the U.S. (Wolfe, 1974; Lund and Wolfe, 1991; Voas, et al, 1998). These surveys utilized a stratified random sample of weekend nighttime drivers in the contiguous 48 States. The first National Roadside Survey (NRS) was conducted in 1973, followed by national surveys of alcohol use by drivers in 1986, 1996, and 2007.

The 2007 NRS included, for the first time, measures to estimate the use of other potentially impairing drugs by drivers. Prior roadside surveys had collected breath samples to determine blood alcohol concentration (BAC). Due to developments in analytic toxicology, NHTSA determined it would be feasible in the 2007 survey to collect oral fluid and/or blood samples to determine driver use of a wide variety of other potentially impairing drugs. A pilot test conducted in 2005 demonstrated the feasibility of conducting this more complex survey procedure and confirmed that motorists would voluntarily participate in the study (Lacey, et al, 2007).

The 2007 NRS was designed to produce national estimates of alcohol and drug use by drivers. Thus, the use rates shown below are national prevalence rates calculated from the percentage of subjects using alcohol or drugs and adjusted with an appropriate weighting scheme.

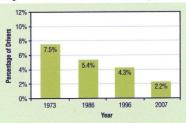
#### Results of the 2007 Survey: Alcohol

The 2007 NRS found a dramatic decline in the number of drinking drivers with BACs at or above the current legal limit of 0.08 g/dL\* on weekend nights compared to previous surveys (Figure 1). In 1973, 75% of drivers

had BACs at or above 0.08 g/dL. In 2007, there were only 2.2% of drivers with a BAC at or above the current legal limit. This represents a decline of 71% in the percentage of alcohol-impaired drivers on the road on weekend nights. Similar declines were found at other BAC levels. For example, the percentage of drinking drivers (any positive BAC) declined almost as much over this time period, but one cannot infer impairment at very low BACs.

The percentage of male drivers with a BAC over the current legal limit of 0.08 g/dL was 42% higher than the percentage of female drivers with illegal BACs (Figure 2). A regression analysis showed that males were significantly more likely to have illegal BACs (p < .01). Over 2% of the weekend nighttime drivers had illegal BACs ( $\ge 0.08$ g/dL) while only 0.1% of daytime drivers had illegal BACs.

Figure 1
Percentage of Weekend Nighttime Drivers with BACs ≥ 0.08g/dL\* in the Four National Roadside Surveys



\*During the period from 1973 through 1996 the States had BAC limits that ranged from 0.08 to 0.15 g/dL

NHTSA's National Center for Statistics and Analysis

1200 New Jersey Avenue SE., Washington, DC 20590

# One in Three Deceased Drivers With Known Drug-Test Results Tested Positive for Drugs in 2009

## **Traffic Safety Facts**

Crash • Stats

DOT HS 811 415

A Brief Statistical Summary

November 2010

www.nhtsa.gov

#### **Drug Involvement of Fatally Injured Drivers**

Table 2: Drug Test Results for Fatally Injured Drivers With Known Results, 2005 - 2009

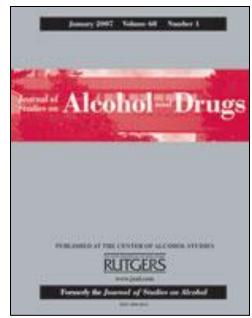
|      | Drivers Tested/ Known Results | Drugs R | eported | Drugs Not Reported |     |  |
|------|-------------------------------|---------|---------|--------------------|-----|--|
| 2005 | 13,324                        | 3,710   | 28%     | 9,614              | 72% |  |
| 2006 | 14,325                        | 4,018   | 28%     | 10,307             | 72% |  |
| 2007 | 14,893                        | 4,214   | 28%     | 10,679             | 72% |  |
| 2008 | 14,381                        | 4,267   | 30%     | 10,114             | 70% |  |
| 2009 | 12,055                        | 3,952   | 33%     | 8,103              | 67% |  |

#### **Drug Use and Fatal Crashes**



Journal of Studies on Alcohol and Drugs July 2011

Researchers found that of all U.S. drivers who died in a crash, about 25% tested positive for drugs. (PIRE, Romano and Voas)

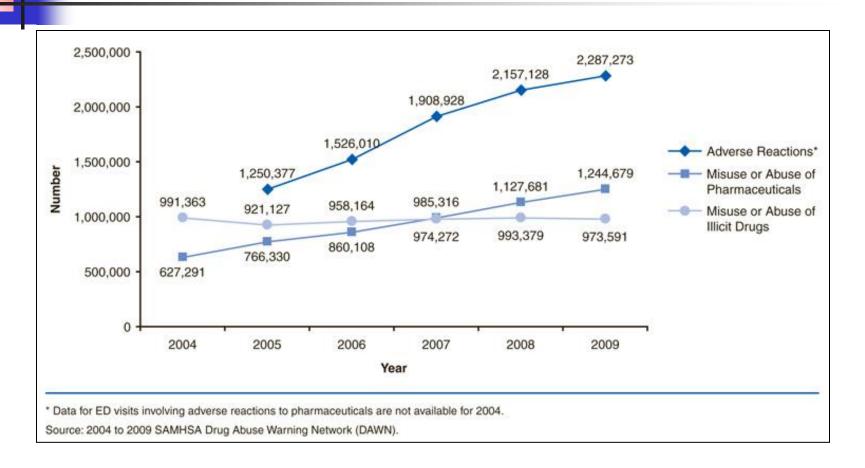


#### **Drug Use and Crash Involvement**

Virginia Beach Crash Study January – June 2010

NHTSA case-control study to access the crash risk of driving under the influence of drugs, alcohol, and drugs and alcohol. Blood and oral samples collected from 2,500 drivers involved in crashes and then compared to 5,000 non-crash drivers.

#### **Non-Medical Use of Rx Drugs**



Source: SAMHSA Drug Abuse Warning Network (DAWN)

#### **Americans - Dying to Feel Better**



Rx drug abuse accounts for almost 30% of the
 Overall drug problem in the U.S.

overall drug problem in the U.S.

- Rx drugs kill 4 times more
   Americans than illegal drugs
- Over 100,000 Americans die every year from adverse reactions to Rx drugs



Source: Health – Accidental Death From Prescription Drugs, Issue 25, 2010





#### "Generation Rx"

- Today's teenagers are more likely to have abused medications than a variety of illegal drugs
- Nearly one in five teens
   (19 percent or 4.5 million)
   report abusing prescription medications to get high







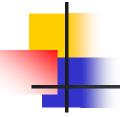
Seniors comprise 13% of the population but abuse 17% of drugs (legal and illegal)



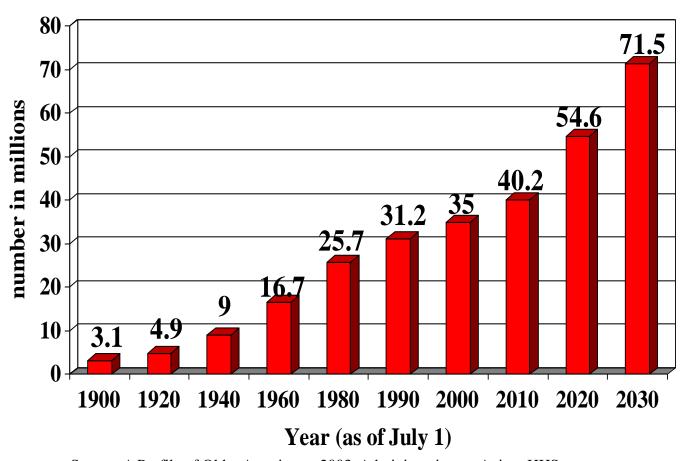
Elderly consume approximately 34% of all Rx medications taken in U.S.

Source: Growth in Drug Spending for the Elderly, Families USA, July 2000

#### "Baby Boomer" Generation



#### Number of Persons 65+, 1900-2030



Source: A Profile of Older Americans: 2003, Administration on Aging, HHS

#### **Older Drivers and Medications**



2009 AAA Study revealed that 78% of 55 and older drivers surveyed are taking more than one Rx medication and only 28% knew the impact the drugs could have on their ability to drive.



## Most Frequently Detected Rx Drugs in DUI Cases (2009)

| Arizona               | Washington            | Wisconsin   |
|-----------------------|-----------------------|-------------|
| Alprazalam (Xanax)    | Alprazalam            | Alprazalam  |
| Diazepam (Valium)     | Methadone (Dolophine) | Diazepam    |
| Carisoprodol (Soma)   | Oxycodone (OxyContin) | Oxycodone   |
| Oxycodone             | Clonazepam (Klonapin) | Clonazepam  |
| Hydrocodone (Vicodin) | Diazepam              | Methadone   |
| Zolpidem (Ambien)     | Citalopram (Celexa)   | Hydrocodone |
| Lorazepam (Ativan)    | Zolpidem              | Zolpidem    |

#### "Pain Killers" in the U.S.

More than 200,000 pounds of Codeine, Morphine, Oxycodone, Hydrocodone and Meperidine were purchased in 2005

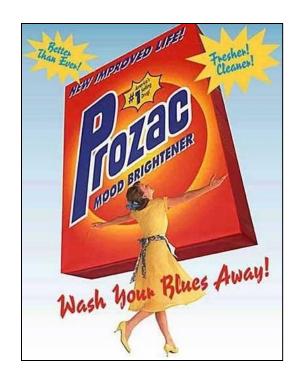


- Enough to give more than 300 milligrams of pain killers to every person in the U.S.
- U.S. is responsible for approximately 95% of all the Oxycodon used in the world today!

Source: MSNBC, September 2007

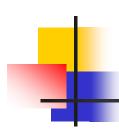
#### **Some New Challenges**

#### **Anti-Depressants**



#### **Medical Marijuana**





#### **Anti-Depressants**



- CNS Stimulant-like effects may be observed

 Affects vary from individual to individual, from drug to drug and, vary when mixed with other drugs, over-the-counter substances or with alcohol

## Selective Serotonin Reuptake Inhibtors (SSRI's)

Anti-depressant drugs designed to elevate a person's mood. Effects the Serotonin.

Most commonly prescribed:

Celexa (Citalopram)

Lexapro (Escitalopram)

Luvox (Fluvoxamine)

Prozac (Fluoxetine)

Zoloft (Sertraline)





# Oregon Crime Lab Top-10 Anti-Depressant DUI Cases 2005 - 2009

Citalopram (Celexa)

Venlafaxine (Effexor)

Fluoxetine (Prozac)

Cyclobenzaprine (Flexeril)

Amitriptyline (Elavil)

Trazadone (Desyrel)

Promethazine (Pherergan)

Nortriptyline (Pamelor)

Sertraline (Zoloft)

**Bupropion** (Wellbutrin)











### **Emerging Problem Rx Drugs**







- Approved for treatment of schizophrenia and other acute episodes of bipolar disorder
- Not a Controlled Substance
- Abused by crushing and snorting
- "Quell", "Snoozeberries" and "Susie-Q"

#### **Emerging Problem Rx Drugs**

#### Buprenorphine (Suboxene)



- Opiate approved for treatment of opiate abuse
- Has a "potential for abuse"
- Schedule III drug
- Synthetic Opiate
- Street names: "Bupe" and "Subs"



#### "SPICE" - "K2"

#### Synthetic Cannabinoids

#### Recently placed on the Controlled Substance list









#### "Bath Salts"



"Ivory Wave" and "Bolivian Bath"

Designer drug similar to methamphetamine and various hallucinogens

Methylenedioxypyrovalerone (MDPV)

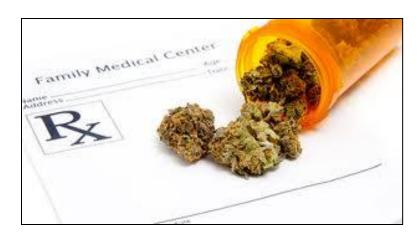
Not your common bath salt!



#### **Medical Marijuana & Driving**



- 16 states permit medical marijuana
- Many states seeing increases in Med MJ DUI's
- Colorado: 53% increase in DUI cases involving MJ (2009 to 2010)
- ARIDE, DRE and other detection training needed



## Three Levels of Impaired Driving Enforcement Training

 Standardized Field Sobriety Testing (SFST) – "The Foundation"

 Advanced Roadside Impaired Driving Enforcement (ARIDE) – "Intermediate Level"

Drug Recognition Expert (DRE) –
 "Advanced Level"

### **ARIDE Training Program**

✓ Intended to "bridge the gap" between Standardized Field Sobriety Testing (SFST) and Drug Recognition Expert (DRE)

✓ Provides awareness to law enforcement personnel and other criminal justice professionals in the area drug impairment in the of traffic safety

(16 hours of training)



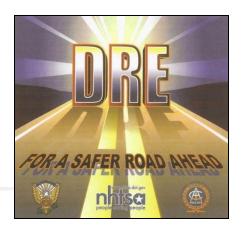
#### **ARIDE Training**

- 40 states involved in the training in 2011
- 299 classes conducted in 2010
- 5,127 officers trained





#### **DRE Training**



Drug Recognition Expert (DRE) Training

72 hours of classroom training 24-40 hours of hands-on training

- 53 schools conducted in 2011
- Over 1,000 officers trained

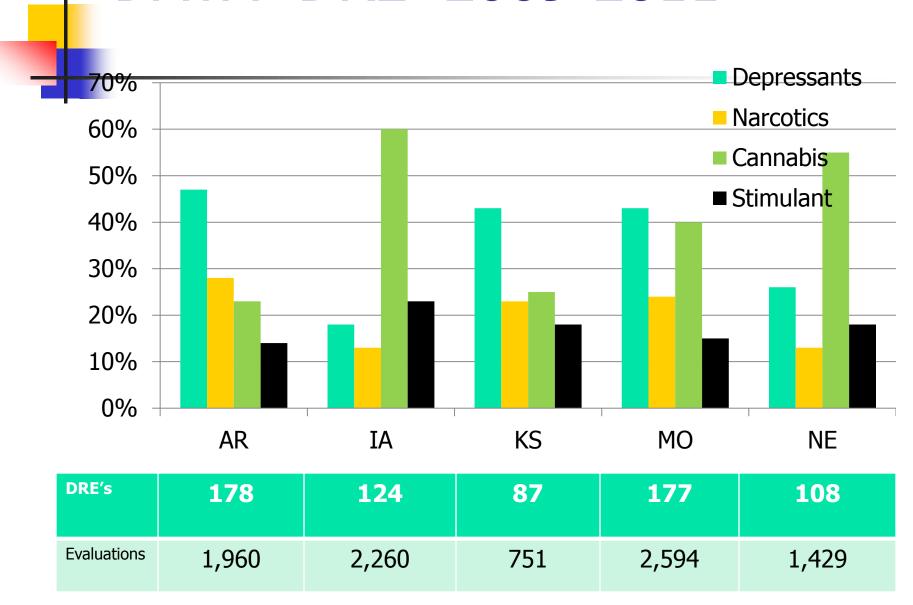
#### **DRE Evaluations**



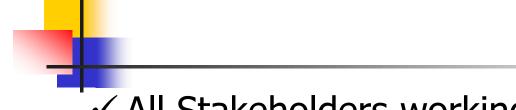
- 26,079 enforcement evals (2010)
- 89% confirmed by toxicology (2010)
- 36% poly-drug cases

 2010 DRE Annual Report: <u>www.theiacp.org</u> (under DRE Section) <u>www.decp.org</u> (under Program Oversight)

#### DATA- DRE 2009-2011



#### **Challenges, Solutions, Strategies?**



- ✓ All Stakeholders working together (ONDCP, NHTSA, IACP, GHSA, MADD, others)
- ✓ More education and public awareness
- ✓ Increased treatment
- ✓ Tougher sanctions
- ✓ Aggressive enforcement and prosecution

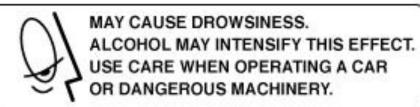
4

Encourage more education and public awareness on the risks of prescription drugs on driving, especially with elderly drivers.



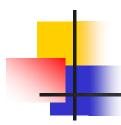
Study the most frequently implicated prescription drugs in impaired driving incidents and educate the public on their adverse effects on driving.







Research the possible adverse effects of new prescription drugs on driving performance before the medications are made available to the public.



Encourage all states to enact impaired driving laws that include "any drug" or any impairing substance.

Must go beyond only controlled substances.





## **Drugged Driving Statutes**

"Under the influence of alcohol, <u>any drug</u> or any substance"

28 "any drug" states\*

\*A State-by-State Analysis of Laws Dealing with Driving Under the Influence of Drugs, NHTSA 12/09



Increase drugged driving training/education for law enforcement, prosecutors, judges, toxicologists and highway safety professionals.





#### **Rx Drugged Driving Summary**

- ✓ Rx drug abuse is a worldwide problem
- ✓ Rx drugs are being prescribed and abused at an all time rate highest in history!
- ✓ Rx drugs creating an increasing danger on roads
- ✓ Rx drugs create challenging DUI investigations
- ✓ Rx drug problem will probably get worse

## Public Information and Education





#### If you take drugs and drive, you'll soon start seeing things.

than December 2004, Natura that a will contact resident materials solve Natural Contact States Funding under the Effective of Dispositings. Furnisses objectives and 1,000,000 to 600 or net wave proceeding the grown

Drug Drivers can now be caught. III "Jour



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Drug Drivers can new be caught. But "you



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Drug Drivers can now be caught. | " | " |



# You can't hide driving under the influence of cannabis.

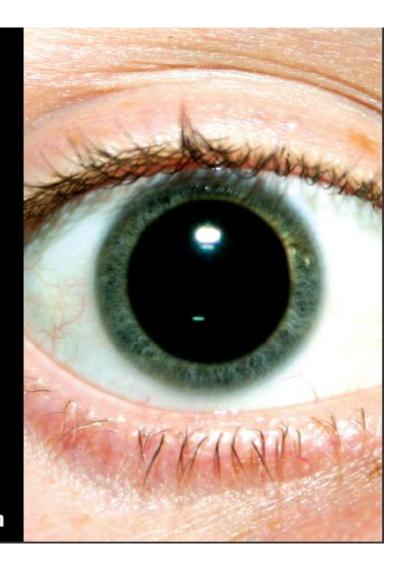
Drug Recognition Experts are trained to spot the signs.

## DRUGGED DRIVING IS IMPAIRED DRIVING.





www.HeatlsOnColorado.com



#### Thank You! — Questions?



Contact Information:
Romell Cooks
Regional Administrator
NHTSA — Region 7
813-329-3900

